



QP CODE: 21000436



21000436

Reg No :

Name :

M Sc DEGREE (CSS) EXAMINATION, MARCH 2021

Third Semester

Faculty of Science

M Sc PSYCHOLOGY

CORE - PY010302 - COUNSELLING

2019 Admission Onwards

ACB829D8

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Define counselling and explain the scope of counselling
2. Explain the characteristics of counselee.
3. Self-disclosure
4. Leading Techniques
5. Limitations of Existential counselling
6. Goals of Reality Therapy
7. Four fundamental questions in skilled helper model
8. Stage 1 Task 2 – New perspectives of Egan's model
9. Stages of group formation.
10. Geriatric Psychology

(8×1=8 weightage)





Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Compare counselling, guidance and psychotherapy.
12. Describe the Non verbal skills required for counseling.
13. Techniques, Contributions and limitations of Gestalt counselling?
14. Describe Commitment as per Stage 2 of Egan's model.
15. Describe Three tasks involved in Egan's model stage 3.
16. Describe group terminologies and different types of group counselling.
17. Explain the need of counselling in groups and the role of counsellor in group counselling.
18. Describe the purpose, benefits, methods and limitations of sex education.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Define counselling. Explain ethics and legal aspects in counselling.
20. Elaborate Initial counseling interview and the skills and techniques essential for it.
21. Explain Rational Emotive Behaviour Therapy.
22. Describe the consequences of addiction and counseling of people with addiction.

(2×5=10 weightage)

